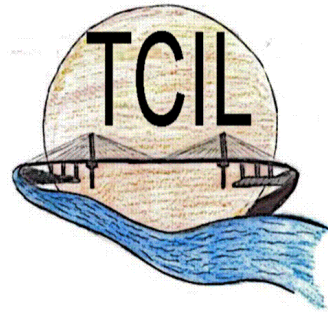


Thurrock Centre for Independent Living



Mountain Trike Hire



The Mountain Trike Hire

- The initiative is designed to promote improvement in both physical and mental wellbeing of disabled adults which will assist in increasing social inclusion, participation, life expectancy as well as quality of life.



What the initiative will focus upon...

- Expanding the breadth of the opportunities for activity and exercise which we currently offer disabled people, and to continue to build upon the Legacy of London 2012.
- Mobility, activity and increasing independence of Disabled People, the Trikes will increase the accessibility of Thurrock as a whole.
- The Mountain Trike Hire Scheme is aimed at disabled people (of any impairment type). Thurrock Centre for Independent Living will offer the Trikes for hire.
- Interest from a range of individuals both young and old, who would not normally have the opportunities to exercise and to increase their health and well-being via access to areas such as woodland, parks, fields, trails beaches and to spend quality time with their families and friends. The initiative will be built upon the principles of Social enterprise, Personalisation, choice and control.



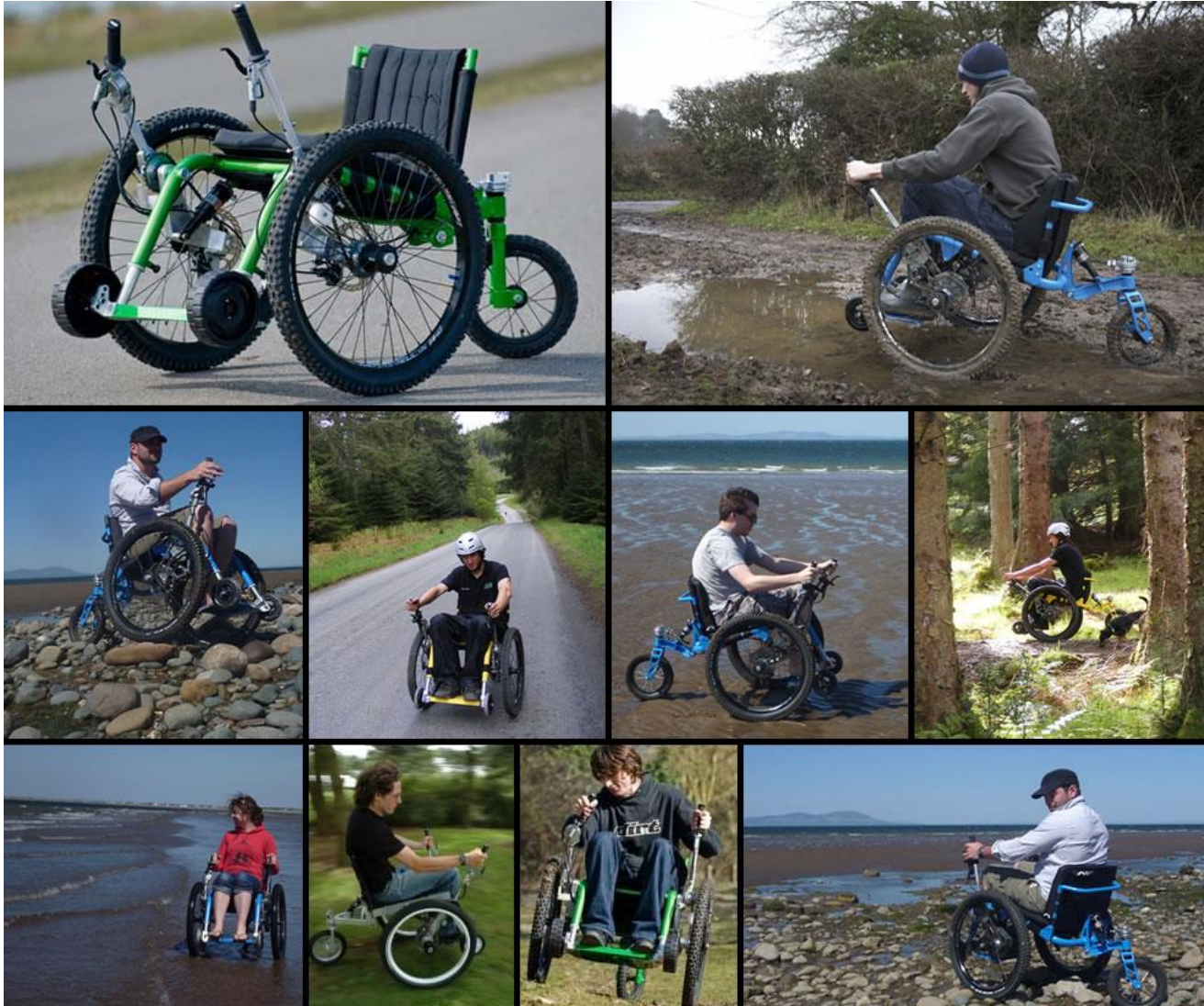
Hiring the Mountain Trikes

Period	Cost
24 hours	£20
Friday—Monday	£35
Friday—Friday	£50

- A deposit of £50 is required (refundable at the end of the hire period).
- When collecting the Trike for Hire:
- Please bring with you:
- 1 x Proof of identification
- 1 x Proof of address (dated within the last 3 months).

- You will need to attend a short induction and sign a Hire Agreement.
- Trike pick up and collection is available (within Thurrock) - contact us for details.

The Mountain Trike All-terrain Wheelchair



Contact us for further information:

- **Thurrock Centre for Independent Living (TCIL)**
- **The Beehive,**
- **West Street, Grays, Essex, RM17 6XP**

- Tel: 01375 389864
- Fax: 01375 389865
- Email: admin@tcil.org.uk
- Web: www.tcil.org.uk

