



# Thurrock Centre for Independent Living



# Mountain Trike Hire

## ABOUT THE MOUNTAIN TRIKE

The Mountain Trike is an all-terrain off-road wheelchair, that opens up the countryside, tracks & trails to disabled people, people with limited mobility, family & friends.

The Mountain Trike provides great opportunities to exercise and to increase health and well-being through access to areas such as woodland, parks, fields, beaches and to spend quality time with family & friends.



The Mountain Trike can be used to improve your mobility, activity and independence. The trikes will increase the accessibility of the local area as a whole, including Coalhouse Fort, Hadleigh Park & Southend Beach, to name a few!

## WHO CAN USE THE MOUNTAIN TRIKES?

The Mountain Trike Club is aimed at disabled people (of any impairment type), their families & friends. Thurrock Centre for Independent Living (TCIL) offers the Mountain Trikes for hire (details below).



## HIRING THE MOUNTAIN TRIKES

The Mountain Trikes can be hired for the following periods:

Period	Cost
24 hours	£20
Friday—Monday	£35
Friday—Friday	£50

A deposit of £50 is required (refundable at the end of the hire period).

## COLLECTING & RETURNING THE MOUNTAIN TRIKES

Each Trike can be collected from and returned to the TCIL Offices:

The Beehive

West Street

Grays

Essex RM17 6XP

9am—5pm Monday—Friday

Telephone 01375 389864

Email: [admin@tcil.org.uk](mailto:admin@tcil.org.uk)

When collecting the Trike for Hire:

Please bring with you:

1 x Proof of identification

1 x Proof of address (dated within the last 3 months).

You will need to attend a short induction and sign a Hire Agreement. Trike pick up and collection is available (within Thurrock) - contact us for details.

